

2024 Innovative Recreation Cooperative Events

Wednesday, Sept. 4

Paddling at Concord Cove Park
Catalyst Sports

Thursday, Sept. 5, 6p-8p

Wheelchair Basketball
Christenberry Center
Knoxville Parks and Recreation

Saturday, Sept. 7, 10a-Noon

Adaptive Climbing at River Sports
Catalyst Sports

Thursday, Sept. 12, 6p-8p

Wheelchair Basketball
Christenberry Center
Knoxville Parks and Recreation

Thursday, Sept. 19, 6p-8p

Wheelchair Basketball
Christenberry Center
Knoxville Parks and Recreation

Saturday, Sept. 21, 10a-Noon

Adaptive Mountain Biking
Baker's Creek Preserve
Catalyst Sports

Thursday, Sept. 26, 10a-Noon

Adaptive Golfing- Vol. Training
Dead Horse Lake GC

Thursday, Sept. 26, 6p-8p

Wheelchair Basketball
Christenberry Center
Knoxville Parks and Recreation

Saturday, Sept. 28, 10a-Noon

Paddling at Concord Cove Park
Catalyst Sports

Wednesday, Oct. 2, 6p-8p

Wheelchair Basketball
Christenberry Center
Knoxville Parks and Recreation

Saturday, Oct. 5, 10a-Noon

Adaptive Climbing at River Sports
Catalyst Sports

Wednesday, Oct. 16, 10a

Adaptive Golf Clinic
Dead Horse Lake GC

Saturday, Oct. 19, 10a-Noon

Adaptive Mountain Biking
Baker's Creek Preserve
Catalyst Sports

Monday, Oct. 21, 1p-5p

Marksmanship
ORSA

Friday-Sunday, Nov. 1-3

AMBC Fall Fest, Knoxville

Saturday, Nov. 2, 10a-Noon

Adaptive Climbing at River Sports
Catalyst Sports

Thursday, Nov. 7, 6p-8p

Power Soccer
Knoxville Parks and Recreation

Saturday, Nov. 16, 1p-5p

Marksmanship
ORSA

Monday, Dec. 2, 10a-Noon

Adaptive Climbing at River Sports
Catalyst Sports

Saturday, Dec. 7, 9a-Noon

Adaptive Scuba
UT-K HPER Pool

IRC Event Registration Contact:

Al Kaye at 865-331-1353 or
akaye@covhth.com

Power Soccer Christenberry Center

Registration Contact:

dalexander@knoxvilletn.gov or
865-687-6321

Move United Chapter Catalyst Sports

catalystsports.org/knoxville

All events have limited registration. We work on a first come, first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons. The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.

