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covenanthealth.com/cumberland

CMC Maternity Update as of February 10, 2025

Availability and Services

Is Cumberland Medical Center still delivering babies?

Yes! Our labor and delivery unit remains fully operational with 24/7 OB physician coverage. Our same award-winning maternity team of nurses and technicians who continue to provide exceptional care for expectant mothers and newborns.

Can I deliver at CMC even if my doctor delivers somewhere else?

Absolutely! Our maternity team continues to be fully staffed and prepared to deliver babies and has physician coverage, regardless of where your doctor typically practices.

Who will deliver my baby if my regular doctor is not at CMC?

We have a team of experienced OB physicians always available to safely deliver your baby, through a locum maternity contract. A locum maternity physician is a doctor who temporarily fills in for another maternity physician, often during periods such as maternity leave, vacations, or other absences. The term "locum" comes from the Latin phrase "locum tenens," meaning "to hold the place of" to ensure that patient care continues smoothly without interruption.

Locum maternity physicians can work in various settings, including hospitals, clinics, and private practices. They provide essential services such as prenatal care, labor and delivery support, and postpartum care. Locum maternity physicians will remain at CMC to assist with labor and delivery as necessary until additional resources become available.

Can I schedule my induction at CMC?

We are currently working through the logistics of scheduling inductions with our temporary physicians and will provide any updates as we know more.

What happens if I go into labor unexpectedly?

If you are in labor or have urgent pregnancy concerns, please continue to come directly to Cumberland Medical Center by entering our secured "Maternity" entrance from Hayes Street, which has convenient parking and secured doorbell-only access to our labor and delivery team 24/7 to help care for you and your baby.

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Care and Support

Will my prenatal care change if my doctor no longer delivers at CMC?

No, you can continue your prenatal care with your current physician/provider. If you choose to deliver with us at CMC, we remain ready to support you every step of the way.

What happens if I have a high-risk pregnancy?

Our team is experienced in caring for expectant mothers with high-risk pregnancies. If additional specialized care is needed, we have access to neonatal specialists to ensure the best possible outcome through prompt care and transfer (when necessary) through longstanding partnerships with East Tennessee Children's Hospital and Covenant Health Fort Sanders Regional.

Will CMC continue to offer maternity classes and support services?

Yes! We remain committed to providing maternity education, breastfeeding support, and postpartum care resources for all families. Call 931-484-9511 to register for these classes free of charge.

Future Plans

Is there going to be a new OB practice in town?

We are committed to maintaining labor and delivery services and are working toward establishing a local OB/GYN practice to support the community's needs for maternity care close to home. We anticipate being able to share more with you about this development over the weeks ahead.

Getting More Information

How do I get more details about delivering at CMC? For more information, please call 931-484-9511 or visit covenanthealth.com/cumberland/services/womens-health/maternity