

CUMBERLAND MEDICAL CENTER



WEEK OF MONDAY SEPTEMBER 23

CAFE HOURS

MONDAY THROUGH FRIDAY 6:30AM-2:30PM
(CLOSED 9:30AM-11:00AM)
CLOSED SATURDAY & SUNDAY
VICKI VENDING MACHINE AVAILABLE 24/7

MANAGERS





Melissa Bryant
Medardo Ambriz
Clark Gray
Phone 931-459-7186
Phone 931-459-7085

-  Wellness
-  Plant Based
-  Vegan
-  Vegetarian

Before placing your order, please inform your server if you have a food allergy

MONDAY

SOUPS

- Hearty Beef Vegetable Soup
- Arroz Con Pollo
- Grilled Mexican Vegetables 
- Cod Provencal 
- Herbed Potatoes 
- Basil Ratatouille 

TUESDAY

SOUPS

- Hearty Beef Vegetable Soup
- Beefy Mac Casserole
- French Fried Tater Tots 
- Spinach with Garlic & Onions 
- Spring Herb & Dijon Pork Tenderloin 
- Simply Steamed Wild Rice 
- Simply Roasted Butternut Squash 

WEDNESDAY

SOUPS

- Chicken Tortilla Soup
- Chicken and Dumplings
- Mashed Potatoes 
- Southern Green Beans
- Picadillo Beef
- Spanish White Rice 
- Fire Roasted Corn Succotash Salad 
- Cape Codder Turkey Sandwich 

THURSDAY

SOUPS

- Chicken Tortilla Soup
- Kansas City BBQ Beef
- Vegetarian Baked Beans
- Creamy Coleslaw 
- Sweet Homemade Cornbread 
- Penne & Butternut Squash & Portobello 
- Garlic Breadstick 

FRIDAY

SOUPS

- Smoky Chipotle Chili
- Chicken Spinach Pasta Casserole 
- Chicken Quarter Adobado
- Spanish Rice 
- Garlic Roasted Potato Wedges 
- Hot Honey Brussels Sprouts