

# CUMBERLAND MEDICAL CENTER



## WEEK OF MONDAY NOVEMBER 25

### CAFE HOURS

MONDAY THROUGH FRIDAY 6:30AM-2:30PM  
(CLOSED 9:30AM-11:00AM)  
CLOSED SATURDAY & SUNDAY  
VICKI VENDING MACHINE AVAILABLE 24/7

### MANAGERS

Melissa Bryant  
Medardo Ambriz  
Clark Gray  
Phone 931-459-7186  
Phone 931-459-7085

-  Wellness
-  Plant Based
-  Vegan
-  Vegetarian

Before placing your order, please inform your server if you have a food allergy







## MONDAY

### SOUPS

- Smokey Navy Bean Soup
- Grilled Chicken Breast 
- Farmer's Market Vegetable Medley  
- Sliced Steamed Carrots  
- Au Gratin Potatoes 
- Chicken & Shrimp Brown Rice Jambalaya 








## TUESDAY

### SOUPS

- Smokey Navy Bean Soup
- Chicken Pot Pie
- Peas and Carrots  
- Simply Smashed Sweet Potatoes  
- Sauteed Spinach & Onions  
- Shawarma Chicken Breast 
- Oven Roasted Greek Fries  
- Tzatziki Sauce
- Grilled Pita





## WEDNESDAY

### SOUPS

- Signature Minestrone Soup 
- Parmesan Chicken Breast 
- Penne Bolognese Pasta Bake
- Green Beans Oregano  
- Roasted Squash
- Garlic Breadstick 
- Oven Roast Garlic Red Potatoes  

## THURSDAY

### SOUPS

- Roasted Turkey Breast 
- Glazed Ham
- Mashed Potatoes 
- Traditional Cornbread Stuffing
- Green Beans  

## FRIDAY

### SOUPS

- Hamburger on Bun
- Cheeseburger on Bun
- Breaded Chicken Breast Fillet
- Fried Chicken Tenders
- French Fries